



Dr. RITA RENEE

Brand Overview

Dr. Rita Renee is a TEDx and international speaker, author, healthcare leader, and faith-based mentor who empowers women to come off mute, step out of the shadows, and lead with clarity, courage, and conviction.

Known for her ability to blend lived experience, leadership expertise, and faith-anchored insight, Dr. Rita Renee equips women to stop shrinking, stop silencing themselves, and start owning their voice, values, and vision without apology and without compromise.

Her work speaks directly to high-achieving women who have carried responsibility, leadership, and service for years but are ready to move from silent endurance to visible influence.



Mission Statement

To equip women to speak with confidence, lead with character, and steward their influence with excellence personally, professionally, and purposefully.

Ideal Audiences

- Women Leaders & Executives
- Entrepreneurs & Business Owners
- Healthcare & Corporate Professionals
- Faith-Based Leaders & Ministries
- Emerging Speakers, Authors, & Coaches
- Women navigating transition, leadership fatigue, or purpose realignment

What Makes Dr. Rita Renee Distinct

- **35+ years** in healthcare and nursing leadership
- **21+ years** in corporate leadership environments
- Faith-anchored, culturally aware, and values-driven messaging
- Practical leadership strategies rooted in real-world experience
- Authentic storytelling that activates courage and clarity

CREDENTIALS, MEDIA & EXPERTISE



Professional Background

Dr. Rita Renee brings more than three decades of leadership experience to every stage and platform. With over 35 years in nursing and 21+ years in corporate leadership, she has led teams in high-pressure environments where ethical decision-making, resilience, and people-centered leadership are essential.

Her background allows her to speak with authority on leadership, burnout prevention, confidence, communication, and sustainable success particularly for women who lead while carrying invisible burdens.

Author & Thought Leader

Dr. Rita Renee is a best-selling author who has contributed to multiple collaborative works and authored independent titles focused on leadership, confidence, and purpose. Her writing reflects her passion for helping women transform their lived experiences into legacy-building messages.

She also coaches aspiring and established authors through the writing, publishing, and platform-building process.

Media & Television Appearances

Monthly Contributor — MyCarolina

Dr. Rita Renee appears monthly on MyCarolina, a regional television program, where she shares practical insights on:

- Leadership and confidence
- Purpose-driven living
- Personal growth and resilience
- Women's empowerment and visibility

Her consistent media presence has positioned her as a trusted voice for women navigating leadership, life transitions, and influence.

Additional Media Platforms

- Podcast guest on leadership, faith, business, and empowerment platforms
- Featured speaker on national and international stages
- Interviewed across digital media, podcasts, and professional forums

SPEAKING, PROGRAMS & IMPACT

Signature Speaking Topics

- **Unmute Your Voice:** From Silence to Strategic Visibility
- **Leadership Without Compromise:** Character, Confidence, and Clarity
- **Confidence Without Burnout:** Sustainable Leadership for High-Achieving Women
- **From Pain to Platform:** Turning Lived Experience into Influence
- **Faith, Leadership, and Influence in a Shifting Culture**

(Topics can be customized for corporate, healthcare, faith-based, or entrepreneurial audiences)

SIGNATURE PROGRAMS & SERVICES

PowerHouse Speaker: UNMUTE!™

A transformational experience designed to help women:

- Find and own their voice
- Speak with confidence and authority
- Build visibility aligned with values
- Lead without shrinking or silencing themselves

Additional Services

- Leadership & Executive Coaching
- Speaker Development & Stage Confidence Coaching
- Book Coaching & Author Mentorship
- Workshops, Intensives, and VIP Days

Audience Outcomes

Audiences leave with:

- Confidence to speak boldly
- Clarity of purpose and direction
- Tools to lead with excellence and integrity
- Language for boundaries, visibility, and influence
- Courage to lead without apology

Dr. Rita was very knowledgeable on the topic she delivered. An amazing speaker!

Dr. Marline C. Duroseau ★★★★★

Her dedication and authenticity shine through every message she delivers.

Greg Singleton ★★★★★

CONTACT & BOOKING

Dr. Rita Renee

Your Ultimate PowerHouse Coach

- TEDx & International Speaker • Author
- Healthcare Leader • Faith-Based Mentor

Available for:

- Keynotes • Conferences • Corporate & Healthcare Events
- Faith-Based Conferences • Workshops • Media Interviews
- Podcasts • Retreats

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